KARE

Promoting Inclusion for People with Intellectual Disabilities

ANNUAL REPORT 2010

Front and Back Covers:
The cover for this report was designed by Ronan O'Riordan and Patrick Bradley

"I did this painting by doing yellow, red and blue splashes with the brush and then I did green lines through it".

Ronan

"I took photos of Ronan's painting; I then picked 2 photos to do further work on. I used photo software to try different effects; I liked the Vintage effect best so I used Effect No 6 for the front cover and Effect No 9 for the back cover".

Patrick

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Welcome

Christy Lynch

Welcome to KARE's annual report for 2010. Throughout the year we continued to work towards the achievement of our vision "that people with an intellectual disability are seen as equals and take part in society along with everyone else". In doing this we are guided by our more immediate aim that each person who uses our service will be empowered to have roles and relationships that are valued in the community by December 2011.

In KARE all our work is underpinned by our values which are that all people are treated with dignity and respect and people who use our service are supported as individuals to:

- Develop and use their abilities
- Grow in relationships
- Share ordinary places
- Have valued social roles
- Make choices

This report gives an account of the outcomes we achieved in 2010 with regard to our Strategic Plan. The following pages are colour coded according to the area of the plan they discuss and give examples of our achievements in each of our Strategic Priorities which are:

People Know Themselves Well:	Supporting people who use the service to have experiences and make choices so that they can gain an understanding of what is important to them and how best to achieve it
People Make a Difference:	Supporting people to be actively involved in both the life of their family and their local community and to expand their social network
Working Together to do Things Differently:	Working together with people who use our service, their families and others to do things differently so that we can better support people to live the life of their choice.

I hope you enjoy reading this report

Christy Lynch, Chief Executive Officer

Chairperson's Report

Antoinette Buggle

My report this time last year stressed how difficult 2009 had been for the organisation and sadly, I have to report that 2010 brought more of the same from a financial perspective. We had a further cut in our budget which, when added to previous cuts resulted in unprecedented financial difficulties and pressures. Once again, the outstanding commitment of our excellent dedicated staff and the support of our branches and Executive Committee helped us to get to the end of the year in a break-even position. Even more remarkable is the fact that we did this without cutting back any of the services we provide to people and their families across the organisation. I would like to particularly thank those families who responded to a request from the organisation to make a regular financial contribution. On behalf of everybody in KARE I want to express our sincere appreciation. It is this kind of collaboration and pulling together that gets us through these very difficult times.

Notwithstanding the difficult times, we continued our efforts to develop and improve the quality of the services and supports we provide and to ensure that we keep in line with best practice in the field. Late in 2010, the organisation was re-assessed by an accreditation team from Excellence Ireland Quality Association. I am delighted to say, not only were we re-accredited but we actually improved the excellent result of the previous evaluation and once again, I want to thank everyone involved.

We were delighted to launch our new improved website during the year. In doing this we made every effort to design it in a way that would ensure the information is easily accessible by all interested parties particularly people with an intellectual disability and their families. In keeping with the current trends in social media we are also using Facebook and You Tube to communicate.

2010 also saw the official opening of the new adult local service in Baltinglass. We were once again, honoured to have the President of Ireland, Mary McAleese who performed the official opening of the wonderful new facility at Baltinglass. Particular thanks to the Parish of Baltinglass, our own Branch there and all who supported the various fund raising endeavours to bring this project to fruition, as we received no capital funding from the state for this new facility.

On a personal note, I am particularly pleased that we have after a lot of hard work a new Memorandum & Articles of Association. Obviously, the old Memorandum & Articles of Association served us well over years but an update was timely, I look forward to working with the new structures, which I feel will serve the organisation well in continuing it's excellent work.

I would like to take this opportunity to thank all those in the community who assisted KARE in so many ways during 2010. I would especially like to thank our Branches for their untiring work, our funders, particularly the HSE and FAS for their continued support to us and all those who help to make KARE the excellent organisation it is.

Antoinette Buggle Chairperson - KARE

People Know Themselves Well

People who use our service learn from a wide variety of life experiences to know and understand their strengths, abilities, interests and support needs

Sarah Kate (left) reading to the children at Cocoons Crèche

"I thought I might like to work with children so I did work experience in Cocoon Crèche in Sallins. It was good but it wasn't really my thing I didn't like the noise so working with children is not for me. I like clothes, fashion and make-up. I hope to try work experience in a beautician's next". Sarah Kate O'Connor

Maeve Wilson embarking the 65 bus with the assistance of Siobhan O'Connell

"I am delighted that Maeve is getting the chance to use public transport, it is a whole new experience for her. It's great for her to be able to see things out the window of the bus that she wouldn't normally see. She loves being out and about and this has opened up new options for her to get out without having to rely on having a car."

Bridie Wilson, Maeve's mother

Shannon (left) ready to go on stage with fellow cast member Frances Dalton (Lisa Conway in the background)

"I've tried out lots of things, drama, horse riding, shopping as well as having work experience in a chemist and in a crèche. I have a great social life now, I'm out nearly every evening and at weekends, basketball training, hip hop, practicing for the musical, meeting friends. I was very shy when I first started in Athy Local Service but I'm much better at meeting people now." Shannon Myles

74% of people using KARE's Adult Supports have person centred goals that are new or enhanced experiences

People who use our service are supported to make choices and understand the potential consequences and risks

Mary with her dog Rosie

"I love animals and we always had dogs when I lived at home. I now have my own dog called Rosie who lives with me in Allendale. I have to look after her and take her for walks. I like to cuddle her while I watch TV in the evenings. She is a great friend."

Mary Kinsella

Sheila working out at the gym

'I like going to the gym, I have my membership card. I use the exercise bike and the swimming pool, it keeps me nice and fit. It'll help me loose weight.

Sheila Byrne

Emma with the cover of her book

"I got the idea to write a book after my best friend and I were playing a game in my back garden when I was 13 years old. It took me three years to write all 4 books. I then decided to put it into one book so that I could publish it and sell it. The book is called Fairy and the Vampires Journey to Four Stars, it is available to buy at www.fairyandthevampires.com"

Emma Harris, pupil St. Mark's School

80% satisfaction with "people understand what I want"

People who use our service are understood and can tell others what they want and need

Anne using the skills she learnt to pay for for her bowling

"Anne Byrne, who uses the Local Service in Tinahely assisted us in piloting the Shopping component of our FETAC Level 1 "Daily Living Skills" Programme. This course supports people to develop their skills in making choices and expressing what they want. Staff have reported that Anne has really benefited from her work on the course, she has got more verbal and is more confident in voicing her wishes and opinions; she smiles a lot when she decides and seems very pleased with herself."

Frieda Bent

Ailish making a phone call using her easy access mobile phone

Technology plays a part in supporting people to communicate with others. For Ailish having a phone that she can use herself created opportunities for her. "I can keep in touch with my boyfriend and I use my phone for my Avon orders" Ailish Healy

Eamon McEoin using a swith to operate the computer

"We are supporting Eamon to develop his skills in making choices and making things happen. He is learning to use a switch to build pictures and play music through the computer. He likes to look at photos of himself and loves classical music."

Eileen Gleeson

79% satisfaction with "I do the things I want to do in my life"

People who use our service are supported to grow and realise their dreams for a good life together with those who are important to them

Martin working in his new garden

"I have always wanted to have my own place, I don't know myself since I've moved, the peace and quiet. I had to do a lot of work to get my house and to set it up. I have the front garden the way I want it now and am starting the back garden, then I'll paint the outside of the house". Martin Kelly

Danny mounting his horse with the aid of a hoist and assistance from Collette Cardiff and Moira Hansbridge

"The new hoist and lift in the Equestrian Centre means I can now ride horses, this is something I have always wanted to do. I have an adapted saddle which helps me to sit on the horse more easily" Danny Doyle

John competing in the Golf tournament at National Special Olympics Games

"I went to the Special Olympics in Limerick, where I took part in a golf skills competition. I was down there for a week and I really enjoyed it. We had an early start every morning and we were very busy during the day. I met a lot of new people and I got on well with my coach. I finished second place and received a silver medal. I am looking forward to my next competition."

John Byrne

People Make a Difference

People who use our service are actively involved in and contribute to their family, extended family, neighbourhood and community

"We joined the Naas Tidy Towns committee so that we could help keep the town clean and tidy. At the meetings we plan what needs to be done".

Conor Byrne and Christy Mullins

Conor (middle) and Christy (right) with Cllr. Rioghnagh Bracken promoting Naas Tidy Towns Committee

"I have been a supporter of Ballykelly GAA for years. I was very happy to be able to get involved in the training of one of the teams. I support the coach of the Under 11 girls football team. I arrange the jerseys for training and matches and distribute the bottles of water on the pitch. I find this involvement very fulfilling and I look forward to the training evenings and match days".

Collette Cullen

Collette (front middle) with the Ballykelly U11's girls football team

"I go to the Hazel Hall Nursing Home every Monday morning to entertain the residents. I play sing-a-long tunes on the accordion; some people like to join in. I do it for the enjoyment, if I don't go the people really miss me, they'd be looking for me"

Sean Cross

Sean playing his accordion for the residents of Hazel Hall Nursing Home

75% of people who want a job who have a job

Siobhan helping out in Mrs. Quin's Charithy Shop

"I work in Mrs Quins Charity shop every Monday afternoon. I help get the clothes ready and hang them up in the shop."

Siobhan Brennan

Mary practicing her yoga

"I do yoga in the parish centre each week. Its nice and relaxing. I get to meet people and have chats with Madge and Gertrude."

Mary Farrell

St. Mark's School Choir

"It was 8:00am, I got dressed and walked to school. We headed for the gym and Ms. Davidson took a picture of us all dressed up and after that we got on the bus. Myself, Dean, Eoin, Aaron and Keith were sitting at the back of the bus. We had a laugh, made a few jokes up, it was fun. We got there and I was happy to be somewhere new. I was really nervous when we were going out to sing our songs – Free, Go lassie Go and O Holy Night. We came third in the competition. After lunch we got back on the bus and sat at the back and we all started to sing on the way home. We all enjoyed our day out and it was a great experience."

Chris McGrath, pupil St. Mark's School

66% satisfaction with "I get the support I need to make and keep friends"

People who use our service are supported to develop valued relationships with others in their community

"I meet up with my friends every 2nd week, we go to one of our houses, the person who owns the house plans the meal, after we eat what we've cooked we go out. Sometimes we go to the cinema or maybe bowling or shopping. We call this our 'Come dine with me', Aoife usually supports us to meet, it's a great way to spend time with my friends"

Sandra Fleming

Sandra (centre) with friends Christine Simpson (left) and Eileen Moran (right)

"I met Butch Kelly recently through the Mens Club based in the Curragh Camp. He was a very close friend of my father they were like "Brothers". He remembers me as a child and we talk about old times. We both have an interest in the history of Michael Collins and we talk in great detail. It was dear to my heart to remember and talk about times past. I look forward to meeting up every Thursday for a chat and lunch."

Gerry Foley

Gerry (right) with his friend Butch

"Ciaran's volunteer Philip has become a very good friend to him. They meet regularly and do things like going for walks, going to the local hostelry for a bit of lunch and a couple of bevies! They have enjoyed trips to Dublin on the train – what happens on tour stays on tour!!! They have developed a really good relationship which is equally important to both of them."

Jemma Gorey

Ciaran Berns (right) enjoying time with volunteer, Philip

86% satisfaction with "I am treated with respect"

People who use our service along with their families influence how we do things

Christy meeting with Voice for KARE Reps

"Voice for KARE is a very useful forum for getting the views and opinions of the people who use the service. A very good example of this is the feedback and ideas they gave with regard to the cost saving measures we needed to take during the year" Christy Lynch

Christine at the Social Club Christmas Party

"We decide the kinds of things we want to do at the Social Club. We have a Social Club Rep in each centre, they make sure everyone knows what is on, people can then put their name down for the activity if they want to go. It works well but sometimes problems come up. We talk with Eamonn and Ken about these and try to sort them out" Christine Carr

Elaine (left) meeting Frances Al Sayeed

"Voice for KARE helps people using the service to have a say in their local service. "I meet with Frances to get feedback on what is happening, we talk about how things are going. I can then talk about it with others in the centre."
Elaine Sourke

Working Together to Do Things Differently

People in KARE work together to develop and improve how we facilitate individualised supports for people who use our service

Ronnie Fennessy enjoying time at the beach

"We are very conscious of how we plan with Ronnie, we need to really 'listen' to what he is telling us so that we can understand what he likes and wants and what he does not want. He is more relaxed now and seems calmer as a person. He has tried a lot of things, and seems 'into' different things at different times. He enjoys going out for lunch and loves to spend time at the beach. As a team we work hard to 'hear' what Ronnie is telling us even though he has no verbal communication."

Bróna O'Sullivan

John Joe awaiting the arrival of his guests

"I rent my own apartment from KARE. My tenancy agreement tells me what they have to do and what I have to do. I have my own room to smoke in, it is a safe place to smoke. I invited my family and friends to my 50th birthday party". John Joe Reddy

L to R: Margaret McGarvey, Sean Treacy, David Leigh, Mary O'Connor and Padraig Reilly at the Presentation of the Interviewing Skills Certificates

"As part of looking at how to do things differently we revised our Recruitment & Selection policy to ensure that the people who use our service are involved in the selection of frontline staff. To this end a panel of people were trained to interview potential employees. We have found that including people who use our service in the interviewing process provides an additional perspective on the type of staff that we should be recruiting" Mary O'Connor

91% satisfaction with "I like the way staff treat me"

People in KARE work together to utilise funding in a way that facilitates individualised supports for people who use our service

Shane on his way to his course in Creative Arts

"The In Control project built a service around Shane rather than getting him to fit into the existing service. If it doesn't work it can be reviewed until it works"

Pauline Fagan, Shane's mother

Willie (right) with his support worker Greg

"In Control supported me to get my own apartment, I am living in it a year now. It has worked out so well for me but I don't think I'd have managed without my support worker. I hired Greg the day before I moved in. I found out about him through my family. When I met him I thought he'd suit me and he was able to work the hours I wanted. I offered him the job and it has worked out great. He comes every day for 2 hours, some days he does set things, like on a Tuesday he helps me do the shopping, other days I just tell him what I need done. I pay him each week, if I'm going away I let him know and we make a different arrangement."

Willie Lyons

In our drive to develop the range of supports available to families we have trained a panel of child/adult sitters.

"Our sitter has great patience and a real willingness to be flexible and learn about the best ways to manage our two children together. She is available over the weekend including daytime which really suits our arrangements. Her keen interest in Special Needs is great and she always has a positive 'can do' approach".

A parent of a pupil in St. Anne's School

"The child/sitter panel, for me is fantastic. I met a great family and I am looking after a fantastic child. I find it very rewarding and really enjoy minding the child. I think it is a great support for the families and look forward to a new year with the child I sit"

A sitter

"Having a car gives me so much more freedom, I will be doing my driving test soon"
– Stephanie Power

Deirdre O'Neill and Clare Hayes selling cakes in aid of Daffodil day

L to R: Fiona Doyle, Shiela Byrne, Siobhan Brennan, Caitlin Doherty, Noelle Byrne and Mary Lyons preparing Christmas presents to send to Belarus

"I held an art exhibition, I sold all my work and got commissioned to do more paintings" – Eoin O' Malley

"We attended lots of different talks at the Inclusion Ireland Conference" Declan Dowdall (right back) with Members of the Voice for KARE Committee and KARE staff. L to R: Margaret McGarvey, Helen Farrell, David Leigh, Christy Lynch, Eoin O'Malley and Frieda Bent

Sean Brennan, Seamus Doyle and Sean Calnan walking on the Wicklow mountains

"We had great fun taking part in the Kilcullen Town Hall Theatre Variety Show"
L to R: Ann Bowan, Patrick McMahon, Michael Flanagan, Graeme Kelly,
Noreen Donnelly, Stephanie Power, Mary Power and Dermott Shortt

"I really enjoyed to day that the photographer did all the shots and am very proud to have my picture on the front of the phone book"
– Cathal Timoney

L to R: Ned Kehoe, Deirdre O'Neill, Antoinette Buggle, Dr. Martin and President Mary McAleese, Anne Coffey, Fr. Tom Dillon PP, Monsignor Byrne, Fr Séan Maher and Rev Canon McCullagh at the opening of Baltinglass Local Service

"One of the ladies from Edenderry Women in Business asked me would I like to present an award for the tidiest shop front in the town, I was delighted to do this and I felt good" – Ruth Smullen

"This is me at the family evening; I introduced all of the speakers on the night. I was a bit nervous but felt great afterwards and was very proud of myself" – Brian O'Neill

Working Together to Do Things Differently

People in KARE support the development of a better community for all citizens by working with others

Grainne being presented with her FETAC Certificate by Antoinette Buggle

"I wanted to get back into the workforce after 30 years as a stay at home mother. The first step in this was to up skill myself. FÁS suggested the course run by KARE might suit me. I am amazed at my achievements since embarking on this road, from getting selected for the course in the first place, to managing the course work, to getting FETAC accreditation and finally in gaining employment with KARE, even if it is a temporary contract. I intend to continue my development by undertaking further study so that I achieve the FETAC Major Award in Intellectual Disability Practice" Grainne Keane

"The National University of Ireland in Maynooth is working to develop inclusive further education opportunities for people with an intellectual disability. This development is strongly supported by Prof. Tom Collins interim President and Dr. David Redmond Registrar of the University, with the intention of offering places to students in the 2011-12 academic year. KARE along with a number of other service providers has been working closely with the university on this project and look forward to seeing the first students begin their studies" Anne Coffey

"Myself and some other people from KARE are part of Wicklow Access Group. The group works to make County Wicklow and the towns in it more accessible and safer. We have got new ramps, a new crossing and stop sign and wheelchair accessible parking in my town, we are getting more new ramps soon."

Paul Dollard

Paul Dollard (2nd from right) at a meeting of Wicklow Access Group

78% of KARE staff say they have the support they need to deliver on KARE's values and goals

People in KARE understand and support our vision and values

Christy Lynch with Siobhan at the FETAC Awards Ceremony

"KARE now run some training courses using an individual model which supports staff and people who use our service to learn together. I found learning together like this a more meaningful experience, you get both the theory and practice. It gives a great insight into the perspective of service users and their views on things. Using graphics rather than lots of writing really makes it accessible for everyone." Siobhan O'Connell

KARE was awarded Level 4 Recognised for Excellence in an external assessment conducted by Excellence Ireland Quality Association against the EFQM Excellence Model. The assessors commented: "We found that KARE have a unique approach to all individuals which transcends both tangible and intangible boundaries and which allows all individuals to be nurtured, cared for, developed and maintained in a warm and friendly learning environment. Our assessment experience with KARE was unique due to the innovative methods that management and staff constantly use to improve the life of individuals in their care, while maintaining their self respect, and enhancing their ability to live fulfilling lives"

Awards presented to KARE

Left:
John Gorman (on left) president IITD and Sinead Heneghan (on right) director IITD presenting the Irish Institute of Training and Development Award to Christy Lynch

Right:
L to R: Peter Furlong, Ben Hogan, Bill Kenna and Michael Keogh at the Irish Association of Supported Employment Awards in which KARE were runners up in the Supported Employment Service of the Year

In Memory

Sandra Payne
(R.I.P.)
November 1986 -June 2010

"I was very sad when my friend Sandra passed away. We spent lots of time on You Tube together listening to Westlife and Britney Spears. We loved shopping for clothes, make-up and jewellery. We led the style in Kildare! I remember Sandra for the great buns and cakes that she made. We loved eating out, Chinese was our favourite. All of us in Tully Road miss Sandra dearly. She was a great friend and was much loved by all. x."

Anita Mills

Mary Creighton
(R.I.P.)
March 1973-July 2010

"Everyone in Naas Local Service was deeply saddened with the passing of our good friend Mary on the 21st July 2010. Mary had been a part of KARE services from the age of 3. She went to school in St. Anne's, before joining Adult Services. Mary was thought of dearly by all in Naas Local Service. She was a genuine and caring person, always willing to help others and was there with a cup of tea when one was needed. Mary also had a mischievous sense of humour, and her smile brightened our days. Mary is deeply missed by all her friends in KARE".

Ciara Drennan

Karen Smith
(R.I.P.)
April 1977-October 2010

" A will of iron, huge determination and strength of character combines to make Karen the unique person we knew and loved. You remain forever in our hearts Karen. May your spirit guide us always"

Mary Corbett

Jack Ward
(R.I.P.)
June 2000 - June 2010

"Jack started school in 2005 when he was 5 and became a much loved member of his class group. He will always be remembered for his wicked sense of humour, his infectious laugh and his ability to fall asleep if he thought he was expected to do something. He is missed by his class mates and the staff of St. Anne's"

Pauline Dempsey

Facts and Figures

In 2010 KARE:

- Supported 79 young children and their families through the HSE Early Years Support Team, South Kildare West Wicklow
- Supported 30 children in their local preschool through the HSE Early Years Support Team, South Kildare West Wicklow
- Provided education to 124 children through St. Anne's and St. Mark's Schools
- Supported 294 people through its network of Local Services
- Supported 44 people to live in a Community House
- Supported 9 people to live in their own home
- Provided 223 people with respite breaks
- Employed 272 whole time equivalent staff
- Trained 19 people through its FÁS Job Coach/Community Facilitator Course
- Supported 46 people to participated in the KARE sponsored FÁS Community Employment Scheme

About KARE

Young Children

KARE provides supports to children aged 0-5yrs who have an intellectual disability/ developmental delay and their families through the HSE Early Years Support Team, South Kildare West Wicklow. The HSE Early Years Support Team is a partnership between HSE, Muiriosa Foundation (Sisters of Charity of Jesus and Mary) and KARE. A 'team around the child' model is used to facilitate families to support the development of their child and his / her inclusion in their neighbourhood and community.

School Children

KARE is patron of St. Anne's and St. Mark's Special Schools.

St Anne's School provides education and clinical services to children with moderate, severe and profound intellectual disabilities between the ages of 5 and 18 years. St. Anne's also work with Scoil Na Naomh Uilig, a mainstream primary school in Newbridge, to support them in educating pupils with an intellectual disability.

St. Marks School provides education and clinical services to children with mild general intellectual disabilities between the ages of 5 and 18 years. Students gain national certification through the FETAC accredited modules.

Adults

Adults with an intellectual disability are supported through a network of Local Services and Community Houses. Services are designed to enable each individual to lead the life of their choice with support as required, in areas such as personal development, further education, employment, leisure, sport and health and well being. A key focus is involvement and participation in the local community.

Families are supported through the provision of information, guidance and short breaks.

KARE Branches

KARE has a network of 'Branches' throughout its catchment area. These branches are made up of members of the public and parents and friends of the people who use KARE's services. The members of the branches play an important part in promoting the work of the organisation within their community and in fundraising for KARE. The branch members participate in the overall management and development of the organisation through their elected representatives on KARE's Executive Committee.

Map of KARE services

History of KARE

KARE was set up in 1967 as a support group for parents of young children with an intellectual disability.
In the 1970's KARE extended its services to cater for the needs of children with an intellectual disability in counties Kildare, East Offaly and West Wicklow.
These services included St. Anne's and St. Mark's Special Schools as well as a Pre School and Special Care Unit.
An adult day care service and sheltered workshop were opened in the 1980's to meet the needs of adults with an intellectual disability. KARE also opened its first group home during this time.

In the early 1990's KARE began to think about how it could change its services to better assist people with an intellectual disability to play a real part in their community. An in-home support service was developed for young children and their families. Supports were also extended to enable children to attend their local preschool. Local Services were established to enable adults to get the support they needed to live their lives in their own local area. Supported Employment was developed to help people get jobs in local companies. Supported Living was developed to support people to live independently. Respite services were developed to give people regular breaks.

In the new millennium KARE continued to work to make the services more person centred. A partnership was formed with the HSE and Muirosa to establish the HSE Early Year's Support Team, to provide supports to children under 6 years of age and their families. Many children began to receive their early education in their local preschool. Adults who use the service were facilitated to think about the kind of life they want and the supports they needed to live that life. Individual's were supported to use the facilities and services within their community as appropriate for them.

KARE celebrated its 40th Anniversary in 2007. Now in its 5th decade, KARE continues to promote involvement, participation in and contribution to the local community as a key focus of the services and supports it offers.

Raising Funds for KARE

KARE Tour de Foothills raised €11,950

Michael O'Connell and Brian Flood raised €4,100 when they ran the Dublin City Marathon

Allen Motor Bike Run raised €12,500

The Hillbilly tractor run, held in Blessington raised €11,468

Christy Lynch with Joan Keogh from Two-Mile-House Community Group who raised €1,223.80 at their community dinner.

Charlette Moran, Paul Robinson, Myra Kehoe and Ann Hill enjoying a Black Tie Ball which raised €3,576 in Kildare.

Carmel and Sean Calnan selling raffle tickets at the tribute night held at the Avon Rí, in Blesington €1,600 was raised in total.

Governance of KARE

KARE's Executive Committee has overall responsibility for the organisation and approves all policy and strategy. It is made up of two elected representatives from each of KARE's branches and has 5 elected officers. Committee meetings are attended by the CEO and Deputy CEO of KARE.

Executive Committee Members 2010

Chairperson:	Antoinette Buggle	Vice Chairperson:	Pauline Wallace
Vice Chairperson:	Frida Lowry	Hon. Secretary:	Ned Kehoe
Hon. Treasurer:	Marjorie Moore	Allen Branch Reps:	Nuala Leeson & Anne McKenna
Athy Branch Reps:	Pat Dalton & Eugene Doyle	Ballymore-Eustace Branch Reps:	Brigid Lynch & Marie Burke
Baltinglass Branch Reps:	Mairead Hennessy & Ned Kehoe	Balyna Branch Reps:	Kathleen O'Connor
Blessington Branch Reps:	Agnes Reilly & Carmel Calnan	Clane Branch Reps:	Frida Lowry & Maurice Shortt
Edenderry Branch Reps:	Mary Hanley & Henry Groome	Kilcock Branch Reps:	Margaret Macken & Eithne Minogue
Kilcullen Branch Reps:	Mary Shortt & Pauline Wallace	Kildare Branch Reps:	Anne Mulrennan & Mary Kavanagh
Naas Branch Reps:	Ray Colivet & Ruth McSherry	Nurney Branch Reps:	Betty Dunne & Margaret Sexton
Prosperous Branch Reps:	John Dunne & John O'Donoghue	Rathangan Branch Reps:	Maura Mangan & Anne Mullally
Tinahely Branch Reps:	Therese Connolly		

Administrative Committee

The Administrative Committee is a sub committee of the Executive Committee. Its Terms of Reference are agreed each year. They include monitoring the Strategic Plan, overseeing Human Resources Planning and Policy and Authorising Capital Expenditure. The committee is made up of the 5 Officers of the Executive Committee, and an additional 5 people elected by the Executive Committee. Meetings are also attended by the CEO and Deputy CEO.

Administrative Committee Members 2010

Chairperson:	Antoinette Buggle	Vice Chairperson:	Pauline Wallace
Vice Chairperson:	Frida Lowry	Hon. Secretary:	Ned Kehoe
Hon. Treasurer:	Marjorie Moore	Members:	Michael Grufferty John O'Donoghue Ann Healy Mairead Hennessy Therese Connolly

Finance Committee

The Finance Committee is a sub committee of the Executive Committee which is responsible for managing the organisation's finances. The committee is chaired by the Treasurer of the organisation and includes the Chairperson and Hon Secretary of the Executive Committee and 2 additional people elected by the Executive Committee. Meetings are also attended by the CEO, Deputy CEO, Finance Manager and Facilities Manager.

Finance Committee Members 2010

Chairperson:	Marjorie Moore	Members:	Antoinette Buggle Declan O Donovan Sean Bagnall Ned Kehoe

Revision of the Memorandum and Articles of Association

An Extraordinary General Meeting was held in November 2010 to approve the revisions to the Memorandum and Articles of Association of the organisation. The revisions include changes to the composition of the board and the membership of the organisation. It also ratified the change of name to KARE Promoting Inclusion for People with Intellectual Disabilities.

School Boards of Management

KARE, in its role as patron of St Mark's School and St. Anne's school nominates two delegates to the board of management of each school, one of these nominees acts as chairperson of the board.

St. Anne's School Board of Management Members 2010

Chairperson (Patron's Representative)	Christy Lynch	Secretary (Principal)	Pauline Dempsey
Treasurer (Parents Representative)	Sally Devine	Teacher Representative	Jenny McCabe
Parents Representative	Ray Fenton	Community Representative	Dr Paul Stewart
Community Representative	Conal Boyce	Patron's Representative	Catherine Byrne

St. Mark's School Board of Management Members 2010

Chairperson (Patron's representative)	Anne Coffey	Secretary (Principal)	Peter Donohoe
Treasurer (Teachers Representatives)	Mary Davidson	Community Representatives	Mick Donlon Sean Power (TD)
Parents Representatives	Breege Nolan Jimmy Kelly	Patrons Representative	Mairead Hennessey

Independent Auditor's Report

We have audited the financial statements of KARE, Promoting Inclusion for People with Intellectual Disabilities for the year ended 31st December 2010 which comprise the income and expenditure account, the balance sheet and the related notes. These financial statements have been prepared under the historical cost convention and the accounting policies set out therein.

Respective responsibilities of directors and auditors
As described in the statement of directors' responsibilities the company's directors are responsible for the preparation of the financial statements in accordance with applicable law and Irish Accounting Standards published by the Auditing Practices Board in the UK and Ireland.

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (UK and Ireland).

This report is made solely to the company's members, as a body, in accordance with Section 193 of the Companies Act, 1990. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

We report to you our opinion as to whether the financial statements give a true and fair view in accordance with Generally Accepted Accounting Practice in Ireland and are properly prepared in accordance with the Companies Acts 1963 to 2009. We also report to you whether in our opinion: proper books of account have been kept by the company; and whether the information given in the Directors' Report is consistent with the financial statements. In addition, we state whether we have obtained all the information and explanations necessary for the purposes of our audit and whether the company's balance sheet and its income and expenditure account are in agreement with the books of account.

We also report, to the members if, in our opinion, any information specified by law regarding directors' remuneration and directors' transactions is not disclosed and, where practicable, include such information in our report.

We report to you whether in our opinion the information given in the directors' report is consistent with the financial statements.

We review whether the corporate governance statement reflects the company's compliance with the nine provisions of the Combined Code specified for our review by the Listing Rules, and we report if it does not. We are not required to consider whether the board's statements on internal control cover all risks and controls or form an opinion on the statements.

We read other information contained in the Annual Report, including the corporate governance statement, and consider whether it is consistent with the audited financial statements. We consider the implications for our report if we become aware of any apparent misstatements or material inconsistencies with the financial statements.

Basis of audit opinion
We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the directors in the preparation of the financial statements, and of whether the accounting policies are appropriate to the company's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

We carried out our review of the directors' compliance statements in accordance with guidelines issued by the Auditing Practices Board.

Opinion
In our opinion the financial statements give a true and fair view, in accordance with Generally Accepted Accounting Practice in Ireland, of the state of the company's affairs as at 31st December 2010 and of its loss for the year then ended ; and have been properly prepared in accordance with the Companies Acts 1963 to 2009.

We have obtained all the information and explanations, which we consider necessary for the purposes of our audit. In our opinion proper books of account have been kept by the company. The financial statements are in agreement with the books of account.

In our opinion the information given in the directors' report is consistent with the financial statements.

Smyth & Co.
Chartered Accountants
& Registered Auditors

The Village Square,
Tallaght,
Dublin 24

Date: 18th March 2011

2010 Audited Accounts

The Finance Committee together with the Finance Department have worked hard to efficiently and effectively manage the organisation's finances for 2010.

Income & Expenditure Account for the year ended 31st December 2010

	2010	2009
	€	€
Income	16,840,654	17,791,946
Expenditure	16,842,562	17,746,114
Excess of Expenditure over Income	**(1,908)**	**45,832**

Accumulated Fund for the year ended 31st December 2010

	2010	2009
	€	€
Balance brought forward	(5,301)	(51,133)
Excess of Expenditure over Income	(1,908)	45,832
Balance carried forward	**(7,209)**	**(5,301)**

Balance Sheet as at 31st December 2010

	2010 €		2009 €	
Fixed Assets				
Tangible assets		12,293,609		12,374,234
Current Assets				
Debtors	881,011		1,229,365	
Branch Funds at Bank	213,377		475,287	
Cash at bank and in hand	69,271		121,209	
	1,163,659		1,825,861	
Creditors: amounts falling due within one year	(1,303,654)		(1,710,229)	
Net current (liabilities)/assets		(139,995)		115,632
Total assets less current liabilities		12,153,614		12,489,866
Creditors: amounts falling due after more than one year		(124,736)		(131,379)
Net assets		12,028,878		12,358,487
Reserves				
Branch Accumulated Fund		213,377		475,287
Capital Grants		11,822,710		11,888,501
Revenue reserves account		(7,209)		(5,301)
		12,028,878		12,358,487

Selection of Art Work from Eyre Street Art Group

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Facebook: www.facebook.com/KAREpage