Kare

Promoting Inclusion for People with Intellectual Disabilities

Annual Report 2009

KARE PRESENTS

"THE OPEN ROAD"

Promoting Inclusion for People with Intellectual Disabilities

Copies of the DVD are available on request from KARE, Central Services, Newbridge, Co. Kildare
Tel: 045-431544

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History of KARE

KARE was set up in 1967 as a support group for parents of young children with an intellectual disability.
In the 1970's KARE extended its services to cater for the needs of children with an intellectual disability in counties Kildare, East Offaly and West Wicklow.

These services included St. Anne's and St. Mark's Special Schools as well as a Pre School and Special Care Unit.

An Adult Day Service and Sheltered Workshop opened in the 1980's to meet the needs of adults with an intellectual disability. KARE also opened its first group home during this time.

In the early 1990's KARE began to think about how it could change its services to better assist people with an intellectual disability to play a real part in their community. An In-Home Support Service was developed for young children and their families. Supports were also extended to enable children to attend their local preschool. Local Services allowed adults to get the support they needed to live their lives in their own local areas. Supported Employment was developed to help people get jobs in local companies. Supported Living was developed to support people to live independently. Respite services were developed to give people regular breaks.

KARE continues to work to make the services more person centred. Support for young children is delivered in partnership with their families through the HSE Early Year's Support Team. Many children receive their early education in their local preschool. Adults who use the service are facilitated to think about the kind of life they want and the supports they need to live that life. KARE may provide the support from within the organisation or may help the person get the supports they need elsewhere. Involvement, participation in and contribution to the local community is a key focus of the services and supports offered by KARE. KARE celebrated its 40th Anniversary in 2007.

Chairperson's Report

Antoinette Buggle

It is with great pleasure that I present the KARE Annual Report for 2009. It was an exciting and challenging year in many ways for the organisation. On a positive note, we came into the year buoyant and up beat having won the National Excellence Ireland Quality Award for 2008.

Unfortunately, 2009 also brought the news of a significant budget cut in the organisation which was to present us with financial challenges that would continue throughout the year. However, I am very pleased to be able to say that with the huge efforts of all of our staff, and working closely with the Executive Committee, we managed to finish 2009 in a positive situation.

I wish to acknowledge the huge efforts of staff to make the Strategic Plan a living document. As you will see in this annual report, there are many concrete examples of how the aspirations of the plan are being translated into reality for the people we support. With regard to the Strategic Plan, while it's always nice to complete the process of developing strategic goals and priorities, what really matters is whether any of this work has an impact for the people who avail of KARE services and supports.

I was also happy during the year to participate in the official opening of our new Adult Day Service in Blessington. As I listened to the presentations from the adults who participate in the service and talked to many family members, it reinforced for me once again, the importance of the work of KARE in making such a difference to the lives of so many people with intellectual disabilities and their families.

I would like to take this opportunity to thank all of our funders and all those in the community who have assisted the organisation in so many ways. In particular, I would like to thank our own Branches. Year after year they continue to raise funds on behalf of the organisation which allow us to continue to grow, be innovative and to respond to the needs of individuals and their families. I am aware, that 2010 will also be a challenging year for the organisation and I am committed to working with all of you to ensure that the excellent organisation and the high quality services and supports we have developed are protected in these difficult times.

Antoinette Buggle, Chairperson

Chief Executive Officer's Report

Christy Lynch CEO

I was delighted to return to my position as Chief Executive Officer of KARE in January 2009 following a one year secondment managing the National Project on Congregated Settings.

In particular, I would like to thank Anne Coffey for her outstanding job as Acting Chief Executive Officer during my absence. Even in one short year, I could see so many areas of progress and changes for the better all of which had been overseen by Anne in her capacity as Acting Chief Executive Officer.

Unfortunately, we were informed early in 2009 that there was going to be an additional budget cut of 2% imposed on the agency. From the outset, we worked closely with all of our staff across the organisation to address this challenge. Many managers and frontline staff members came forward with proposals and ideas which had the effect of saving money while not negatively impacting on either the quantum or quality of service. We applied a number of strategies throughout the year and thankfully, managed to complete 2009 in a positive situation. In effect however, all of our non-pay areas have been cut back to a minimum and one is concerned about the likelihood of further cuts and what the implications of this might be. It was important however not to allow the difficult budgetary situation take away the implementation of this Strategic Plan which is ambitious and important for the organisation.

During 2009, we introduced a Mentoring Programme which takes the high aspirations and goals of the Strategic Plan down to every aspect of the service to examine how it gets translated into action. I want to thank all of the staff who have risen to that challenge and despite the difficult economic times, have maintained their commitment, enthusiasm and their high levels of energy in supporting the people who use the service and their families. It is important for all of us in these challenging times to be re-evaluating what it is we do and how we do things.

Finally, I would like to thank the Executive Committee and it's Sub-Committees for their continued commitment to the organisation. In these difficult economic times, there are particular challenges for members of the Board who, in our case are all voluntary. I very much appreciated their support throughout the year, which contributed greatly to us ending the year having protected the services of the organisation and at the same time, not incurring new debts despite the significant cut-backs in our budget.

Christy Lynch, Chief Executive Officer

KARE'S Strategic Plan 2009-2011

Our Vision:

We in KARE see a future where people with an intellectual disability are seen as equals and take part in society along with everyone else.

To work towards this vision we will try to ensure that:

Each person who uses our service will be empowered to have ROLES and RELATIONSHIPS that are valued in the community by December 2011.

While working on this we will try to ensure that:

All people are treated with dignity and respect and people who use our service are supported as individuals to:

- Develop and use their abilities
- Grow in relationships
- Share ordinary places
- Have valued social roles
- Make choices

To guide us to our vision we focused on the following Strategic Priorities for 2009:

People know themselves well

People make a difference

Working together to do things differently

During the year we measured different areas of success on our Balanced Scorecard. We also asked the people who use the service their views and opinions about aspects of the services and supports they receive.
In the following pages you will see some of the things that people achieved in each of these areas.

People Know Themselves Well

During 2009 we focused on helping people to know what they like, what they are good at and what they need help with.

People who use our service learn from a wide variety of life experiences to know and understand their strengths, abilities, interests and support needs.

70% have Person Centred Plan goals that are new / enhanced experiences.

"Tess always had a love for animals. Through her PCP's she has been to the Zoo, Kildare Animal Foundation, National Stud etc, it was not until she went to Baltinglass Equine Centre that she expressed an interest in horses. She was very keen to horse ride and with the support from Helen, Roz and the staff she succeeded."

Jean Fitzgerald

Tess in Baltinglass Equine Centre

18 acts took to the stage in December 2009 for KARE's Got Talent, varying from solo singers, group drama acts, and group dancers to entertain a huge crowd of family and friends. Some participants got the opportunity to perform for the first time. It was the drama group from Naas LS that won on the night with their piece on … Kares Got Talent. Stephen Prendergast was the lead actor on the night in the winning group and he said *"it was great fun"*.

The group from Naas Local Service with the KARE's got Talent Trophy.

William Smyth from St. Mark's School was selected for the All Ireland Senior Soccer Team with the FAI. A new and exciting experience for William.

"This was the best thing that has ever happened to me in my whole life."

William Smyth

William representing Ireland.

People who use our service are supported to make choices and understand the potential consequences and risks.

79% satisfaction with "I do the things I want to do in my life"

"I had been thinking of living independently for a long time. In September I decided that the time was right and staff supported me to move into my own apartment in Baltinglass Co. Wicklow.
I wanted to live in a place where I have access to public transport and opportunities to meet more people. This was a big move for me as I had lived with and was supported by my family all my life. I had to learn lots of new skills like budgeting, cooking etc.
I was a bit worried at first because I had to make lots of new links in my new community. Staff are supporting me to become an active part of my new community through employment, joining clubs and classes etc. Living independently has made me a more confident positive person. Sometimes it can be lonely living on my own, but it is a nice feeling to own the key to my own front door."

Paul Gavin

Paul outside his new home.

People who use our service are understood and can tell others what they want and need.

80% satisfaction with "people understand what I want"

"Watching my son Eoin carefully negotiating his powered wheelchair onto the podium at the 2009 AGM and delivering, with the assistance of an augmentative communication device, his insightful presentation with assurance, was a testament to his confident belief in his rightful place in the world. This enormous achievement was built on the thousands of tiny achievements in his daily life with KARE where he is listened to and understood."

Marianne O'Malley

Eoin preparing his presentation.

People who use our service are supported to grow and realise their dreams for a good life together with those who are important to them.

75% satisfaction with "doing what they want with whom they want"

"Taking part in drama with Tullamore Outreach Group, Dream Drama Group helped me to gain confidence within myself. Thumbs up to Mary Carroll who supports me. Mary is very important to me as she helped me to make new friends. I was presented with a certificate and medal in recognition of my part in the play: "Any Auld Bank" in the Cork Art/ Drama Festival 2009. Acting is something I wanted to do and Mary, together with my family, helped me to achieve this goal"

Paul Moore

Paul was presented with a medal for his participation in the Irish Performing Arts festival

78% satisfaction with "I get the support I need to do the things I want"

"For the past few years I tried many different types of jobs and tried many different things. KARE have helped and supported me to grow and realise my dreams. I am very happy with my life now. I have a boyfriend, my own house and I am pregnant now and looking forward to being a Mammy. We have support from both our families and the staff from the Local Service."

Helen Connors

Helen at home with her dog Suzy

"A young man I support has recently moved out of a KARE house and now has his own place, with his own tenancy agreement. The difference this has made for him is significant in terms of his confidence, feeling of independence, and his ability to tell us what he wants. As staff, we have been challenged to work with him differently, to really try to support him in an empowering way. It's a tough challenge at times, but also a very motivating one."

Paula Marah

Paula Marah

Athletes representing KARE competed in swimming, bowling, bocce, mens and ladies football, golf, athletics, basketball, equestrian and badminton Leinster Regional Special Olympics competitions during the course of the year. 57 KARE athletes are selected to compete in 9 sporting disciplines in the Special Olympics All Ireland Games in June 2010.

"I am delighted to be involved in the Special Olympics. I get to play in lots of different golf courses like Kilkenny, Carlow and The Curragh. I have made lots of friends"

Sean Treacy

Sean at the Leinster Special Olmpics.

People Make A Difference

KARE supports people to be active members of their families and communities.

People who use our service are actively involved in and contribute to their family, extended family, neighbourhood and community

82% satisfaction with "I spend time with who I want"

"I really like my job. It means I am occupied and it means I have money for myself. I save my money but I also buy clothes for myself and flowers for my mother as well as other things. I pay for my own things in the house I share with my family. I like my bosses at work. They are my bosses but I also feel they are like friends – we talk a lot about sports and they look out for me and I look out for them. We never argue. I have got to know a lot of people through work and especially Joan in the flower shop – I do a job for her each morning and clean out her cardboard for recycling. I really love my work."

Ben Hogan

Ben at work in Manzors' Pub in Clane

"I contribute to my community as I am actively involved with The Tidy Towns group, The Church Cleaning Group and I am also a volunteer at Mrs Quinn's Charity shop. I feel very happy and proud being a member of these groups and it is also good fun. I get to meet loads of people and we all work together for the good of our community."

Mary Farrell

Mary helping out
with the Tidy Towns Group
in Edenderry.

"I have four different jobs. Because of my jobs I am out in both Monasterevin and Kildare town and I do every day things like everyone else. I use the public bus to get to the centre and to work which means travelling between Monasterevin and Kildare daily. Every day I have my lunch in the local café where I get to chat with people I know. In the work sites I get to meet the staff, students, customers and other local people who all know me and what I do. Every Friday I go the Bank of Ireland to lodge my money and cheque as I like to save for when I need money to buy presents, go on holiday or go to some event. If I need to withdraw money the lady dealing with me helps me fill in the slip, we usually have a quick chat. I shop in the supermarket and the other shops in Monasterevin when I need something for myself or for my family."

Pat Doyle

Pat at work
at C.Y.M.S.
in Kildare.

People who use our service also contribute to their communities by fundraising.

In December 2009, Baltinglass Local Service held a cake sale and raffle in aid of the Haiti Appeal.
They raised €809.34.

Baltinglass Local Service presenting their cheque to the Haiti Appeal

A Community Fair took place in Edenderry in December 09. Members of the Local Service made Christmas cards to sell and raised €200 for the Irish Cancer Society.

Edenderry Local Service presenting their cheque to the Irish Cancer Society

People who use our service are supported to develop valued relationships with others in their community

66% satisfaction with "I get the support I need to make and keep friends"

"I think Best Buddies is there to help you out in life. It took me a while to get into it. Martin is a good man and we do things together. He's an important person in my life"

Paul Tobin

Paul enjoying lunch with his friend Martin

62% satisfaction with " I get the chance to meet new people"

"John as kit man never misses a team meeting, training session or game. His attitude to his job of organising the water bottles and jerseys and his constant good humour often lifted team moral contributing to the eventual success of the team in winning the Minor League."

Ed Gibbons, Selector Round Towers Minor Team

John Byrne, second from right with Round Towers Minor Team.

People who use our service along with their families influence how we do things

74% satisfaction with "People listen to what I want"

"As part of the Voice for KARE committee, I helped to develop the easy to read policies. We decided which words and symbols best suited the policy to make it easy to understand. While working on the policies I felt I was being listened to. I now feel more involved in what is happening in KARE and that I am a valued member of the organisation."

Margaret McGarvey

Voice for KARE Commitee Meeting

86% satisfaction with "I am treated with respect"

The 2009-2011 Strategic Plan was developed after consultation with people who use our service, staff and families members. Members from the Voice for KARE group along with other people who use our service made a presentation to launch the Strategic plan 2009 – 2011 at the AGM 2009.

"It was great. I was introducing the different speakers and got good feedback from people who said I should do more of this kind of thing."

Declan Dowdall, Master of Ceremonies

"We had dinner with the Executive Committee before the AGM, it was fun."

David Leigh, Voice for KARE member

Speakers at the 2009 AGM, Eoin O'Malley, William Baldwin, Declan Dowdall, Mary Kealy, Anthony Byrne, Anne Coffey and Nessa Ashe

Working Together to Do Things Differently

Staff, people who use our service and their families are working together to do things differently to support people to have the life of their choice.

People in KARE work together to develop and improve how we facilitate individualised supports for people who use our service.

91% satisfaction with "I like the way staff treat me"

KARE is committed to training staff to support people individually.

96 staff were awarded level 5 FETAC certificates in the following subject areas:

- Empowering the Individual
- Challenging Behaviour
- Community Inclusion
- Learning Disability
- Team Working
- Supported Employment
- Building Friendships
- Occupational First Aid
- Pre School Child with Special Needs
- Work Experience

We further developed our integrative model of training where staff and people who use the service attend training together; this has proved very successful in giving staff a much clearer insight into the thoughts and feelings of people who use the service about certain issues.

"Community Inclusion training reinforced my own belief that when included in the community barriers can be broken down and people can be seen for who they are and not their disability."

Martin Kelly

Martin Kelly, Martin Butler and Siobhan O'Connell with Pauline Wallace and Ann Coffey receiving their certificates at the KARE FECTAC Award Ceremony

KARE provide Educational Assistance to some learners studying external courses to develop the skill and expertise of staff.

"It was a fantastic opportunity to up skill myself it gave me a better understanding of management and structures within the health care system and I am very grateful for all the support I received from KARE to complete this degree."

Ciara Drennan

Ciara Drennan who graduated from the Royal College of Surgeons with a BSc in Nursing Management

People in KARE work together to utilise funding in a way that facilitates individualised supports for people who use our service.

In 2009 a one year project called In Control was set up with 7 individuals and their families so that KARE could learn about how:

- An individual and / or their family members could be more in control of their service / supports
- Alternative ways to fund supports might enable individuals to secure the right support as and when they need it.

"I like being part of the project, I made a decision about my job site, I was in control"

Lisa McNabb, Project Participant

"Lisa has grown in confidence since being involved in the project, I feel this is very positive and she is working towards her goals"

Roisin McNabb, Project Participant Parent

"Lisa has really grown in confidence since being involved in this project; she has become much more assertive in all areas of her life and is looking forward to having her own place to live."

Deirdre Commerford, Local Service Leader, Blessington

In Control Project Participant Lisa

People in KARE support the development of a better community for all citizens by working with others

KARE supported the development of skills and resources within local communities through participation and involvement in:

- Rural Transport initiatives
- Transition year and college work experience placements
- Fás Community Employment (CE) and Local Training Initiative(LTI) programmes
- Disability Awareness initiatives and the Preschool Child with Special Needs course
- Best Buddies Schools Programme
- Local Access groups
- Kildare Social Inclusion Platform (KSIP)

KARE received a number of awards for its achievements and for the contribution it makes to the community.

The Irish Institute for Training and Development (IITD) presented the organisation with the 2009 IITD Community and Voluntary Sector Training Award.

A group representing KARE at the IITD Award night

KARE was delighted in 2009 to win a regional award in the 2009 National Best Practice Awards in Supported Employment. The award highlighted the achievements and success of people with disabilities through Supported Employment in KARE. KARE continues to promote employment to support people to participate in society and to have a valued role in their own community. KARE currently supports approx 140 people in the job of their choice in the open labour market.

Peter Furlong and Ber Rowan accepting award

KARE was delighted to receive recognition from the Mayor of Newbridge, Mick Deely and Newbridge Town Council for our civic contribution to the community of Newbridge.

Fiona O'Loughlin, Margaret McGarvey and Christy Lynch at the Newrbidge Civic Awards ceremony

St. Jospeph's Academy in KildareTown won the Folan's Golden Anniversary Leinster Regional Prize for their submission on their involvement with the Best Buddies Programme. This prize of €10,000 will enable their Best Buddies Chapter to continue its partnership with KARE in providing opportunities for developing friendships between those with an intellectual disability and those without.

Students from St. Joseph's Academy and Kildare Local Services

People in KARE understand and support our vision and values

78% of KARE staff say they have the support they need to deliver on KARE's values and goals

"I feel KARE is a great place to work where service user's needs are met with both dignity and respect for the individual involved. Staff are supported by a great staff team which makes a job more fulfilling and rewarding."

"Happy to work in KARE and am proud of their achievements."

"I am very happy in my job and pleased to be part of KARE."

Comments from Staff Survey

57% of employees have worked with KARE for 5 years or longer

In 2009 KARE recognised employees who had 5, 10, 20 and 30 years of service and were delighted to present Noeleen Burke and Mary Fleming with a 30 year Long Service Award.

"Throughout my years working in St. Anne's, with KARE as our Patron, it has always been heartening to see that we never stood still. There is, and always has been, a desire to further improve the education and services offered to our pupils and KARE's service users. The provision of and support for on-going training and development keeps us renewed and energised in our jobs and aware of current best practice, for which we all strive." *Mary Fleming*

Mary Fleming receiving her Long Service Award from Antoinette Buggle

"KARE as an organisation has transformed itself significantly within the last thirty years. I have been happy to have contributed to part of that transformation and continue to be involved in KARE's commitment to providing the best quality services to the people with whom we work." *Noeleen Burke*

Noeleen with her presentation

In Memory

We would like to remember Patricia Flood and Terence Wheeler, members of staff, who passed away during the year.

"They are sadly missed and we would like to acknowledge the contribution they made to KARE and we extend our sympathies to their families"

Mary O'Connor

Tyreake Kane R.I.P.
March 2000 - December 2008

"The staff and pupils of St Anne's would like to pay tribute to a wonderful little boy who sadly died on 12th December 2008. Tyreake Kane joined Class 1 on 1st September 2005 and with his winning smile and inspiring attitude became a well loved pupil not only in his class but within the school. He is missed and will always be remembered by everyone who had the pleasure of working with him. Our thoughts and good wishes are extended to his parents Yvonne and Richard and to his brother Colton"

Pauline Dempsey

John O'Neill R.I.P.
August 1961 - September 2009

"The Lalor Centre was very saddened at the death of one of our service users and beloved friend John O'Neill, who passed away on 16th of September 2009. John had many friends in the community and was loved by all, and this was truly evident by the crowds of people who attended his funeral. He will be sadly missed by his devoted family, KARE staff and service users here in the Lalor Centre who loved him dearly.

"He will never be Forgotten" "Ar Dheis De go Raibh a Ainm"

Teresa Horan

Pat Nugent R.I.P.
November 1950-June 2009

We will always cherish our memories of Pat and his short time spent with us in Naas Local Service. Pat had a fun personality and built great friendships with his peers and all staff in Naas.Pat loved to tell jokes, and no matter how bad the joke, he made it funny. Pat was always ready to have a chat about his family, work with the council, his love of wildlife, and Kildare football.

Ciara Drennan

Facts and Figures

In 2009 KARE:

- Supported 74 young children and their families through the HSE Early Years Support Team, South Kildare West Wicklow
- Supported 31 children in their local preschool through the HSE Early Years Support Team
- Provided education to 135 children in its special schools
- Supported 290 people through its network of Local Services
- Supported 39 people to live in a Community House
- Supported 6 people to live in their own home
- 10 pupils graduated from St. Mark's School
- 4 pupils graduated from St. Anne's School
- Provided 187 people with respite breaks
- Employed 269 whole time equivalent staff

KARE Services

Young Children

KARE provide supports to children aged 0 - 5 yrs who have an intellectual disability/developmental delay and their families through the HSE Early Years Support Team, South Kildare West Wicklow. The HSE Early Years Support Team is a partnership between HSE, Muiriosa Foundation (Sisters of Charity of Jesus and Mary) and KARE. A 'team around the child' model is used to facilitate families to support the development of their child and his / her inclusion within their neighbourhood and community.

School Children

KARE is patron of St. Anne's and St. Mark's Special Schools.
St Anne's School provides education and clinical services to children with moderate severe and profound intellectual disabilities between the ages of 5 and 18 years.

St. Marks School provides education and clinical services to children with mild general intellectual disabilities between the ages of 5 and 18 years. Students gain national certification through the FETAC accredited modules.

Adults

Adults using KARE are supported through a network of Local Services and Community Houses. Services are designed to enable each individual to lead the life of their choice, with support as required in areas such as personal development, further education, employment, leisure and health and well being. A key focus is involvement and participation in the local community.
Families are supported through the provision of information, guidance and respite breaks.

Map of KARE Services

KARE Services Contact Information

ADMINISTRATIVE SUPPORT		
Central Services	Industrial Estate Newbridge, Co. Kildare	045 431544
CLINICAL AND SUPPORT SERVICES		
Clinical Services / Recreation	The McMahon Centre, Kilcullen Co. Kildare	045 480200
Best Buddies	Naas Local Service, Blessington Road, Naas	045 848462
EARLY YEARS SUPPORT		
Pre-school	El-Kantara, Green Road, Newbridge, Co. Kildare	045 449420
LOCAL SERVICES		
Athy LS	Woodstock St, Athy, Co. Kildare	059 8638613
Academy St. LS	Academy St, Kildare Town, Co. Kildare	045 521956
Baltinglass LS	The Lalor Centre, Baltinglass Co. Wicklow	059 6481107
Blessington LS	Demesne, Blessington, Co. Wicklow	045 891414
Clane LS	Dublin Road, Clane, Co. Kildare	045 892466
Edenderry LS	Edenderry Business Park, Edenderry Co. Offaly	046 9732159
Eyre St LS	Lower Eyre St, Newbridge, Co. Kildare	045 437190
Industrial Est. LS	Industrial Estate, Newbridge Co. Kildare	045 433610
Kilcullen LS	The McMahon Centre, Kilcullen Co. Kildare	045 480220
Tully rd. LS	Tully rd, Kildare Town, Co. Kildare	045 521723
Naas LS	K.F.T.D. Blessington Road, Naas Co. Kildare	045 894799
Tinahely LS	Community Hall School Road, Tinahely Co. Wicklow	0402 38050
SCHOOLS		
St. Annes School	Ballymany Cross, The Curragh	045 441494
St Marks School	Piercetown, Newbridge, Co. Kildare	045 432466

KARE Branches

KARE has a network of 'Branches' throughout its catchment area. These voluntary branches are made up of members of the public and parents and friends of the people who use KARE's services. The members of the branches play an important part in promoting the work of the organisation within their community and in fundraising for KARE. The branch members participate in the overall management and development of the organisation through their elected representatives on KARE's Executive Committee.

Fundraising by KARE's Branches

Nuala Leeson & Ann McKenna organised the Allen Christmas Bazaar & Cake Sale which raised €1,800

	2009
Allen	3,635.00
Athy	8,650.00
Ballymore Eustace	850.00
Balyna	4,089.00
Baltinglass	67,087.00
Blessington	15,471.00
Clane	27,043.00
Kilcock	3,578.00
Kilcullen	6,400.00
Kildare	4,300.00
Naas	35,067.00
Nurney	756.00
Prosperous	3,460.00
Rathangan	1,070.00
Tinahely	13,008.00
Total Number	**194,464**

Carmel Shortt, Traolach Shortt, Charlie O'Neill, Olwen Travers at Clane Annual Fancy Dress Hunt

Starting line of the KARE Tour de Foothills which raised €23,400

Open Garden Event, Kilcullen raised €3,000. Michael Conway-Behan presenting a hamper to Mary Shortt for raffle

Frances Byrne receiving a cheque from Naas Credit Union

Michael Connolly participated in the Tinahely Tractor Run

Executive Committee

KARE's Executive Committee has overall responsibility for the organisation and approves all policy and strategy. It is made up of two elected representatives from each of KARE's branches and has 5 elected officers. Committee meetings are attended by the CEO and Deputy CEO of KARE. The Delegates provide a link with the Branches by keeping them informed of developments within the organisation.

Members of the 2009 – 2010 Executive Committee

Executive Committee Members 2009

Chairperson	Antoinette Buggle
Vice Chairperson	Pauline Wallace
Vice Chairperson	Frida Lowry
Hon. Secretary	Ned Kehoe
Hon. Treasurer	Marjorie Moore
Allen Branch Rep	Nuala Leeson and Ann McKenna
Athy Branch Rep	Pat Dalton and Eugene Doyle
Ballymore-Eustace Branch Rep	Brigid Lynch and Marie Burke
Baltinglass Branch Rep	Mairead Hennessy and Ned Kehoe
Balyna Branch Rep	Kathleen O'Connor
Blessington Branch Rep	Agnes Reilly and Carmel Calnan
Clane Branch Rep	Frida Lowry and Maurice Shortt
Edenderry Branch Rep	Mary Hanley and Henry Groome
Kilcock Branch Rep	Margaret Macken and Eithne Minogue
Kilcullen Branch Rep	Mary Shortt and Pauline Wallace
Kildare Branch Rep	Anne Mulrennan and Mary Kavanagh
Naas Branch Rep	Ray Colivet and Ruth McSherry
Nurney Branch Rep	Betty Dunne and Margaret Sexton
Prosperous Branch Rep	Joe Dunne and John O'Donoghue
Rathangan Branch Rep	Maura Mangan and Anne Mullally
Tinahely Branch Rep	Therese Connolly

Administrative Committee

The Administrative Committee is a sub committee of the Executive Committee. Its Terms of Reference are agreed each year, they include monitoring the Strategic Plan, overseeing Human Resources planning and policy and authorising capital expenditure. The committee is made up of the 5 Officers of the Executive Committee, and an additional 5 people elected by the Executive Committee. Meetings are also attended by the CEO and Deputy CEO.

Administrative Committee Members 2009

Chairperson	Antoinette Buggle
Vice Chairperson	Pauline Wallace
Vice Chairperson	Frida Lowry
Hon. Secretary	Ned Kehoe
Hon. Treasurer	Marjorie Moore
Members	Michael Grufferty
	John O'Donoghue
	Ann Healy
	Mairead Hennessy
	Therese Connolly

Finance Committee

The Finance Committee is a sub committee of the Executive Committee which is responsible for managing the organisation's finances. The committee is chaired by the Treasurer and includes the Chairperson of the Executive Committee and 2 additional people elected by the Executive Committee. Meetings are also attended by the CEO, Deputy CEO, Finance Manager and Facilities Manager.

Finance Committee Members 2009

Chairperson	Marjorie Moore
	Antoinette Buggle
	Declan O Donovan
	Sean Bagnall
	Ned Kehoe

School Boards of Management

KARE, in its role as Patron of St. Mark's School and St. Anne's schools nominates two delegates to the board of management of each school, one of these nominees acts as Chairperson of the board.

St. Anne's School Board Members 2009

Chairperson (Patron's Representative)	Christy Lynch
Secretary (Principal)	Pauline Dempsey
Treasurer (Parents Representative)	Sally Devine
Teacher Representative	Jenny McCabe
Parents Representative	Greg Fogarty
Community Representative	Dr Paul Stewart
Community Representative	Conal Boyce
Patron's Representative	Catherine Byrne

St. Mark's School Board Members 2009

Chairperson (Patron's representative)	Anne Coffey
Secretary (Principal)	Peter Donohoe
Treasurer (Teachers Representatives)	Mary Davidson
Community Representatives	Mick Donlon, Sean Power (TD)
Parents Representatives	Breege Nolan, Dominic Kinahan
Patron's Representative	Mairead Hennessey

Independent Auditors' Report

We have audited the financial statements of County Kildare Association of Parents and Friends of Handicapped People for the year ended 31st December 2009 which comprise the income and expenditure account, the balance sheet and the related notes. These financial statements have been prepared under the historical cost convention and the accounting policies set out therein.

This report is made solely to the company's members, as a body, in accordance with Section 193 of the Companies Act, 1990. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of directors and auditors

The directors' responsibilities for preparing the annual report and the financial statements in accordance with applicable law and Irish Accounting Standards are set out in the statement of directors responsibilities.
As described in the statement of directors' responsibilities the company's directors are responsible for the preparation of the financial statements in accordance with applicable law and Irish Accounting Standards.

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and Auditing Standards promulgated by the Auditing Practices Board in Ireland and the United Kingdom.

We report to you our opinion as to whether the financial statements give a true and fair view and are properly prepared in accordance with the Companies Acts 1963 to 2009. We also report to you whether in our opinion: proper books of account have been kept by the company; whether, at the balance sheet date, there exists a financial situation requiring the convening of an Extraordinary General Meeting of the company; and whether the information given in the Directors' Report is consistent with the financial statements. In addition, we state whether we have obtained all the information and explanations necessary for the purposes of our audit and whether the company's balance sheet and its income and expenditure account are in agreement with the books of account and returns.

We report to the members if, in our opinion, any information specified by law regarding directors' remuneration and directors' transactions is not given and, where practicable, include such information in our report.
We read the directors' report and consider the implications for our report if we become aware of any apparent misstatements within it.

Basis of audit opinion

We conducted our audit in accordance with Auditing Standards issued by the Auditing Practices Board. An audit includes an examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgments made by the directors in the preparation of the financial statements, and of whether the accounting policies are appropriate to the company's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

Opinion

In our opinion the financial statements give a true and fair view of the state of the company's affairs as at 31st December 2009 and of its excess income over expenditure for the year then ended and have been properly prepared in accordance with the Companies Act 1963 to 2009.

We have obtained all the information and explanations that we consider necessary for the purposes of our audit. In our opinion, proper books of account have been kept by the company. The financial statements are in agreement with the books of account.

In our opinion the information given in the directors' report is consistent with the financial statements.

Smyth & Co.
Chartered Accountants
Registered Auditors

The Village Square,
Tallaght,
Dublin 24.

13th April 2010

2009 Audited Accounts

The Finance Committee and the Finance Department work together to efficiently and effectively manage the organisation's finances.

Income & Expenditure Account for the year ended 31 December 2009

	2009	2008
	€	€
Income	17,791,946	17,728,290
Expenditure	17,746,114	17,719,239
Excess of Income over Expenditure	**45,832**	**9,051**

Accumulated Fund Account for the year 31st December 2009

	2009	2008
	€	€
Balance 1st January 2009	(51,133)	(60,184)
Excess of Income over Expenditure	45,832	9,051
Balance at 31st December 2009	**(5,301)**	**(51,133)**

Balance Sheet as at 31st December 2009

	2009		2008	
Fixed Assets				
Tangible assets		12,374,234		12,476,297
Current Assets				
Debtors	1,229,365		1,112,871	
Branch Funds at Bank	578,048		53,776	
Cash at bank and in hand	18,448		60,383	
	1,825,861		1,227,030	
Current Liabilities				
Expenditure Due & Accrued	1,239,218		1,042,624	
Bank Overdraft	471,011		615,464	
	(1,710,229)		(1,658,088)	
Net Current Assets/(Liabilities)		115,632		(431,058)
Total Net Assets		**12,489,866**		**12,045,239**
Financed By				
Long Term Loans		28,618		44,171
Branch Accumulated Fund		578,048		53,776
Capital Grants		11,888,501		11,998,425
Accumulated Fund account		(5,301)		(51,133)
		12,489,866		**12,045,239**

Kare
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