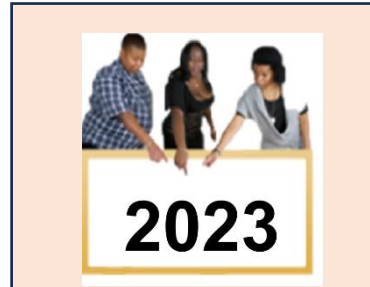




Voice For Kare Annual Report 2023



2023 had been a very busy year for the VFK group and we worked on quite a lot over the year.



Our achievements Included:

Easy Reads Accessible Information:

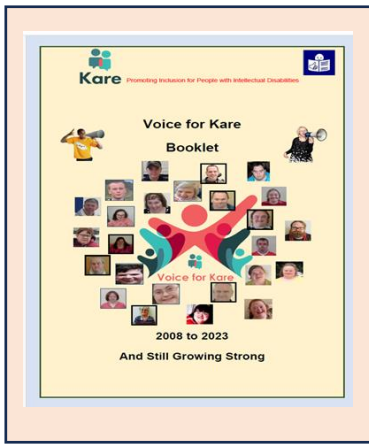
We help Kare make information easy to read and accessible for everyone.

All Kare Easy Read Polices must be signed off by VFK before they are launched



The following 8 new easy read policies were created along with accompanying accessible videos for some, with support from VFK members.

- Data protection
- Managing Medication
- Infection Prevention
- Open Disclosures
- Moving and Handling
- Keeping Safe
- Positive Behaviour Support
- Human Rights



VFK Information Booklet:

2023 marked the 15th anniversary of VFK.

One of our goals for the year was to create a booklet to mark this milestone.



The booklet highlights how:

- VFK was set up in 2008
- The structure of VFK and information about the different groups which make up VFK
- And its achievements over the years.

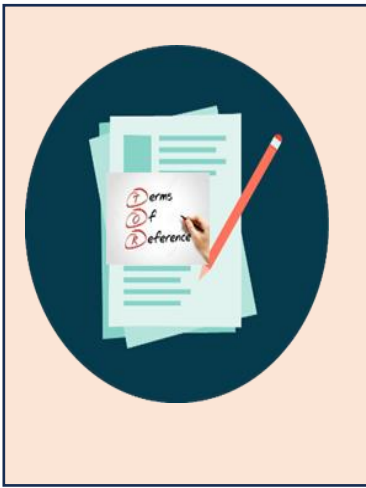


We made accessible videos with voice overs from VFK members to accompany the booklet.

The booklet was launched at Kare's end of Year celebration in Tougher's on 7th December.



The booklet and accompanying videos are now also available to view on Kare LEAP.



VFK Terms of Reference

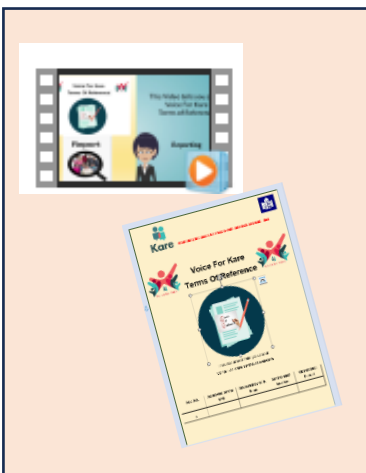
We also worked on updating our Terms of Reference for the 3 different groups which make up VFK.

- VFK Committee
- VFK Reps
- VFK Local Areas groups



We held a planning day in Hotel Keadeen Newbridge in July this year, attended by many members of the VFK groups.

The day was a great success, and we agreed the content for our new terms of reference.



An easy read version of new terms of reference has been created along with accessible videos with members of VFK providing the voice overs.

These were also uploaded to Kare LEAP.



VFK Logo:

In 2023 we said goodbye to our old VFK logo and developed a new Logo for VFK



Adult Safeguarding Day:

10th November was Adult Safeguarding day

The aim of the day was to raise a greater understanding of Adult Abuse and Safeguarding



To mark Adult Safeguarding Day

Kare launched their new Keeping me Safe easy to read safeguarding policy along with accessible videos.



The policy and videos were developed by VFK members who held a series of workshops earlier in the year to decide on the content and format of the new policy and videos.



The policy and videos were launched on 10th November in McMahon centre Kilcullen and was attended by members of the HSE national safeguarding Office, local Gardai, members of VFK, staff and service users of Kare.



Key speakers were Deirdre Murphy Jacinta Barret and Lisa McNabb, VFK Committee member.

The Policy and Videos have been uploaded onto The Kare Leap platform and are also available on YouTube.



Plans for 2024:

Actions from our new Terms of Reference.

- Strengthening VFK at a local area level.
- Increasing the committee to 10 members
- Electing chairpersons and secretaries for each of the VFK Groups



Kare Website

Kare Website:

Link with Rosie Duffy, Kare's new communications and Web officer around setting up VFK section on Kare's new website.



Easy Reads Accessible Information:

Work on making more Kare policies and information accessible for everyone in Kare.



Service user workshops

Hold some service user Information Workshops throughout the year for example

- Voting and registering to Vote
- Self-Advocacy
- New Directions



Conference's

Get back to VFK members attending conferences nationally that may be of benefit to our members.